



## COST

The cost for each girl is **\$350** and includes all meals, housing, bedding, towels and activities. Financial aid is available. We don't want any girl to miss out on this camp due to lack of funds. We are able to keep costs down because of the CSB counselors and many sisters who donate their time to this nonprofit camp. To reserve space and purchase supplies, all camp fees must be paid by **Friday, June 26, 2026**.

## TIME

**Arrival:** Monday, July 13, 9 a.m.

**Departure:** Thursday, July 16, 5:30 p.m.

*Closing Mass at 5 p.m.*

## REGISTRATION

Visit [www.sbm.osb.org/ministry/3g-camp](http://www.sbm.osb.org/ministry/3g-camp) to register online. For more information, contact Sister Laura Suhr, camp director, at (320) 363-7100 or [3gcamp@csbsju.edu](mailto:3gcamp@csbsju.edu).



"3G is one of my favorite parts of summer. I love meeting new girls; it's so fun to make so many friends, not just with campers, but with the counselors, too. I also love learning about the Benedictine values."

"I enjoyed Mass a lot because it brought me closer to God and had a surreal effect on my beliefs."

"My favorite part of camp, by far, was spending time with the sisters! When you spend time with them, you leave with a greater and deeper appreciation of both everyday life and God's love for each and every one of us!"

Sisters of the  
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# 3G Girls, God & Good Times

*Catholic Benedictine Camp*



## July 13-16, 2026

*for girls presently in 6th-11th grade*

# Moderation

— "All things are to be done  
with moderation" —





# —God—

You will participate in Benedictine worship and prayer with the sisters and in your camp group. Please bring a pair of pants, capris or knee-length or longer skirt to wear to church.

## EUCHARIST

Be a part of the sisters' celebrations by reading the Scriptures, bringing the gifts to the altar during the Eucharist, and singing hymns.

# —Girls—

As a 3G camper, you'll meet other girls who love God and love to have fun! Our counselors are all College of Saint Benedict (CSB) students who volunteer their time and come back year after year — as do our campers.

Campers live in the CSB residence halls and eat their meals at the Gorecki Center. There are two girls to each room. You can choose your own roommate on the registration form if you know another camper. There will be one adult counselor for every six to eight girls.



## LITURGY OF THE HOURS

Learn about the sisters' way of praying called the Liturgy of the Hours. You will use psalms to pray for your families, friends and needs of all the church.

## LECTIO

This is a special way to have a conversation with God. You will read short Scripture passages together and ponder God's message in your heart.



# —Good Times—

We have many fun activities scheduled!

- » Practicing Benedictine Gospel values
- » Praying *lectio divina*
- » Praying Liturgy of the Hours
- » Ice cream social with the sisters
- » Arts and crafts
- » Shopping at the monastery gift shop and CSB bookstore
- » Evening bonfire
- » Outdoor games
- » Sing-along
- » Visiting the monastery museum
- » Q & A with the sisters
- » Swimming at the CSB pool
- » Praying the Rosary
- » Bingo with retired sisters in St. Cloud
- » Field trip to Saint John's University
- » Welcoming parents and loved ones for the closing Mass
- » Fun activities led by your counselor