

Spring/Summer Offerings

at the Spirituality Center • Studium



Programs & Retreats

Spiritual R & R Day

Spirituality Center Team

Wednesday, May 11, 9 a.m. to 3:30 p.m.

This Spiritual R & R Day offers time and space for quiet prayer, reflection, reading, walking, resting, and meeting with a spiritual director if desired. Group prayer begins and ends the day. Midday prayer with the sisters in the Oratory and noon meal with the sisters at the monastery are optional. Free will offering accepted. Optional noon meal is \$9.

Limit: 8 participants

REGISTER

Rainbow Support Evening

Myrna Ohmann and Eunice Antony, OSB

Thursday, May 12, 7–9 p.m.

Parents/allies/friends and GLBTQI+ persons gather to pray, share stories, and support each other. Confidentiality is maintained. Free will offering accepted.

REGISTER

Intensive Centering Prayer Retreat

Hélène Mercier, OSB, and Katherine Howard, OSB

Sunday, May 15, 7 p.m., through Tuesday, May 24, 1 p.m.

This is an all-silent retreat with multiple periods of Centering Prayer and one teaching session each day. An optional group reflection time is provided. For an ideal experience of the retreat, it is recommended that participants have practiced Centering Prayer regularly for two to three months.

Limit: 10 participants

Fee: \$565 (includes meals and overnight accommodations)

REGISTER

“Listen: Does Not Wisdom Call?” | Conference Retreat with the Monastic Community

Mary Stommes, OblSB

Sunday, June 5, 7 p.m., through Friday, June 10, 5 p.m.

It is a rhetorical question that Proverbs asks: “Does not Wisdom call?” (8:1). Indeed, Wisdom calls—in Scripture, in the *Rule of Benedict*, in the stories of our individual and communal journeys. Wisdom calls us to listen broadly, to make connections, to weave a seamless whole from apparent scattered threads. When we “listen with the ear of our heart,” we see and hear God in the smallest of things—always and everywhere, God with us! Sharing her love for scripture, story, and Benedictine spirituality, Mary Stommes will invite us simply to listen, to pause and reflect—to see and hear anew the manifold ways that God is with us. Past, present and future. Holy, holy, holy.

Fee: \$400 (*includes meals and overnight accommodations*)

REGISTER

Labyrinth Retreat

Sheryl Rose, Labyrinth Facilitator and Spiritual Director

Wednesday, June 15, 1–3 p.m.

Join in a shared experience of walking the sacred labyrinth by the Spirituality Center. Explore how the labyrinth path represents our journey through life and how God walks with us on the journey. History of the labyrinth and guidelines on how to pray the labyrinth will be offered, so all are welcome! In case of inclement weather, retreat will be held inside the Spirituality Center using a canvas floor labyrinth.

Limit: 10 participants

Fee: \$60

REGISTER

Holy Trouble

Clarey McNerny, OblSB

Thursday, June 16, 9–11:15 a.m.

Inspired by the late congressman John Lewis, this presentation looks at people who have not only been “good troublemakers,” but holy troublemakers. These people led lives inspired by the original troublemaker himself, Jesus, and upset the status quo to build the Kingdom of God in their communities. This presentation will especially emphasize the lives of women and people of color in their contribution to Catholic social justice.

Limit: Minimum of 6 participants

Fee: \$60

REGISTER



A Book Lovers Circle

Katherine Howard, OSB, and Josue Behnen, OSB

Tuesday, June 21, 9–11 a.m.

This circle provides an opportunity to talk with others about a book that has been/is a favorite of yours: novel, biography, poetry, essays, travelogue, history, theology, philosophy, science, humor—any kind of book. It could be old, a classic, new, little known or popular—some book that has influenced you, your understanding of self, the natural world, God or other people...whatever. Each person in the circle will have 15–30 minutes to talk about their book and what it means to them. Free will offering accepted.

Limit: Minimum of 4 participants, maximum of 8 participants

Registration Deadline: Thursday, June 16

REGISTER

Spirituality Center Directed Retreat

Eunice Antony, OSB, and Spirituality Center Team

Sunday, August 7, 7 p.m., through Friday, August 12, 5 p.m.

Spend time in prayer, silence, walks in nature and individual visits with a spiritual director. Daily communal *lectio* with other retreatants, Eucharist with the monastic community, and an opportunity for the sacrament of reconciliation are available. One day of solitude with no communal activities is scheduled.

Fee: \$400 (*includes meals, overnight accommodations, and individual conferences with a director*)

REGISTER

Spiritual R & R Day

Spirituality Center Team

Thursday, August 18, 9 a.m. to 3:30 p.m.

This Spiritual R & R Day offers time and space for quiet prayer, reflection, reading, walking, resting, and meeting with a spiritual director if desired. Group prayer begins and ends the day. Midday prayer with the sisters in the Oratory and noon meal with the sisters at the monastery are optional. Free will offering accepted. Optional noon meal is \$9.

Limit: 8 participants

REGISTER

