

Winter Offerings

at the Spirituality Center•Studium



All offerings through the Spirituality Center•Studium will be held virtually as we navigate the COVID-19 pandemic. In order to participate in these virtual offerings, participants will need access to a device such as a computer with a webcam, iPad, smart phone, etc. You can register online or call (320) 363-7112.

A Practical Spirituality of Aging: The Paschal Mystery

During this stay-at-home retreat, we will reflect on how the Paschal mystery of loss, letting go and new life can help us embrace the invitation to a deeper and richer life in our later years. Participants need to be comfortable using Zoom for morning video conferencing; afternoons and evenings are for reading and continued reflection.

Dates: Monday, January 11, through Friday, January 15

Time: 9 a.m. to 12 p.m. daily

Facilitator: Becky Van Ness

Limit: 11 participants (minimum registration of 7)

Fee: \$125. *Registration and payment are due by January 5.*

Registration Link: <https://sbm.osb.org/event/a-practical-spirituality-of-aging-the-paschal-mystery/>

Rainbow Support Evening

Parents/allies/friends and GLBTQI persons gather to pray, share stories and support each other. Confidentiality is maintained. Free will offering accepted.

Date: Thursdays, January 14, March 11, and May 13

Time: 7-9 p.m.

Facilitators: Myrna Ohmann and Eunice Antony, OSB

Registration Link: <https://sbm.osb.org/event/rainbow-support-evening/>

<https://sbm.osb.org/event/rainbow-support-evening-2/>

<https://sbm.osb.org/event/rainbow-support-evening-3/>

Living History: Writing the Story of 2020

Taking the lead of Curt Brown who wrote the history of three events that devastated Minnesota in 1918, we will address questions like: In this year, what have you lost? What have you learned How have your values and beliefs shifted, challenged and/or sustained you? We will write both during the workshop sessions and in between times, share what we've written with each other, and possibly compile some of our work.

Dates: Saturdays, January 16, 30, February 13

Time: 9 a.m. to 12 p.m.

Facilitator: Mara Faulkner, OSB

Limit: 10 participants

Fee: \$90

Registration Link: <https://sbm.osb.org/event/living-history-writing-the-story-of-2020/>



Among the Ashes: An Ash Wednesday Morning of Reflection

Jessie Bazan will set the theme for the Ash Wednesday reflection, leading participants into off-screen reflection time. The retreat ends with a final time of sharing and prayer.

Date: Ash Wednesday, February 17, 9–11:30 a.m.

Facilitator: Jessie Bazan

Fee: \$40

Registration Link: <https://sbm.osb.org/event/among-the-ashes-an-ash-wednesday-morning-of-reflection/>



Sacred Pause Lenten Prayer

Gather to share common prayer of *lectio divina* (prayerful reading) using the Gospels of the Sundays of Lent. This program includes an optional 30-minute meeting with a sister companion via Zoom each week during Lent.

Dates: Thursdays, February 18, 25, March 4, 11, 18, 25

Time: 11:30 a.m. to 12:45 p.m.

Facilitators: Mary Catherine Holicky, OSB, and Eunice Antony, OSB

Limit: 8 participants.

Fee: \$50 for all six sessions.

Registration Link: <https://sbm.osb.org/event/sacred-pause-lenten-prayer/>

Prayer in Troubled Times: Lent—Again, or Still With Us?

How might we understand the pandemic in light of the meaning of Lent and Easter? How might Lent and Easter take on new meaning

this year as a result of the pandemic? You are invited to join us for this 20-minute online worship services that will include spoken and sung prayers, scripture, poetry, and intercessions. There is no fee and no limit on number of participants. Ever since mid-Lent of 2020, people around the world have been unintentionally united in a Lenten experience precipitated by the coronavirus. We have abstained from coming together for worship services, movies, sports events, concerts, and family gatherings—even weddings and funerals. If Lent is a time of self-denial, what more could we possibly give up? This year, God may be inviting us to a different

kind of Lent: to go deeper rather than wider. Our call may be to accept a reality we did not choose, to do so not in a spirit of grim determination or self-pity, but in a spirit of trust and exploration, asking the Big Questions. This worship service will be posted on our YouTube channel on Sunday, February 21, at 7 p.m.

Facilitator: Delores Dufner, OSB



Brothers and Sisters All: Pope Francis' Vision for the World

In this online discussion group of Pope Francis' encyclical, *Fratelli Tutti*, we'll explore together his suggestions for creating a culture of peace and justice through dialogue. Participants are required to read a copy of the encyclical online or buy a printed copy.

Dates: Thursdays, February 25, March 4, 11

Time: 3–4:30 p.m.

Facilitators: Christian Morris, OSB, Katherine Howard, OSB, and Mara Faulkner, OSB

Limit: 10 participants

Fee: \$15

Registration Link: <https://sbm.osb.org/event/brothers-and-sisters-all-pope-francis-vision-for-the-world/>

The Sacred TRIDUUM

Walk with Jesus from the table of the Last Supper to the foot of the cross and to the empty tomb! Experience the extravagant love and mercy of God in the readings of the liturgical mysteries, along with a daily reflection, on Holy Thursday, Good Friday and Holy Saturday, leading to the Easter Vigil.

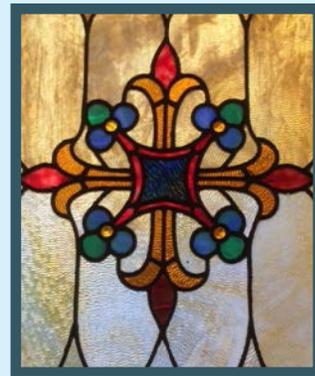
Date: Thursday, April 1, through Holy Saturday, April 3

Time: 10–11 a.m.

Facilitator: Julie Schleper, OSB

Fee: \$75

Registration Link: <https://sbm.osb.org/event/the-sacred-triduum/>



Bread for the Journey: Prayer as Nourishment for the Soul

These four sessions exploring the Christian tradition of prayer and ways of praying are for those who pray, want to pray, used to pray, think they cannot pray, want to return to a life of prayer—wherever you are on the path of life. Sessions will include short input times followed by participants' reflections and responses. Participants will need a copy of *Twelve Keys to Prayer* by Jerome Kodell (Collegetville).

Dates: Wednesdays, April 7, 14, 21, 28

Time: 9:30–11 a.m.

Facilitators: Bridgette Powers, OSB, Christian Morris, OSB, and Katherine Howard, OSB

Limit: 8 participants

Fee: \$20

Registration Link: <https://sbm.osb.org/event/bread-for-the-journey-prayer-as-nourishment-for-the-soul/>

Prayer in Troubled Times: Easter—New Life After COVID?

How might we understand the pandemic in light of the meaning of Lent and Easter? How might Lent and Easter take on new meaning this year as a result of the pandemic? You are invited to join us for this 20-minute online worship services that will include spoken and sung prayers, scripture, poetry, and intercessions. There is no fee and no limit on number of participants. Year after year, we Christians sing the glorious Easter hymns about life triumphing over death: Jesus rose from the grave, and we will rise to new life as he did. But Easter is not only about life after our one-time physical death. The Good News of Jesus' resurrection is that love wins out over hatred and evil even in this present life. New life is born out of our negative experiences, out of the disappointments and pains of daily life. If we assimilate the meaning of Easter, how might we experience new life even in the midst of COVID? This worship service will be posted on our YouTube channel on Sunday, April 11, at 7 p.m.

Facilitator: Delores Dufner, OSB

For inquiries regarding **Spiritual Direction**, contact Sister Josue Behnen at (320) 363-7179 or jbehnen@csbsju.edu.

Studium: A Resident Scholars Program places special emphasis on the love of learning and honoring scholarship. Contact Sister Ann Marie Biermaier at (320) 363-7172 or abiermaier@csbsju.edu for further information.

